got green

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Happy Earth Day from Got Green!
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Got Green 101

Got Green builds power in working-class communities of color in South Seattle to fight for racial, economic, and climate justice. We envision healthy, powerful, and resilient communities where all of us:

- Work **meaningful jobs** that nourish our earth, our communities, and our souls;
- Eat affordable, **healthy food** that is grown with dignity for workers and the environment;
- Live in **safe and sustainable housing**, rooted in climate resilient neighborhoods;
- **Care for our environment** in our relationships to land, air, water, and each other.

Learn more: www.gotgreenseattle.org
**Fair Green Jobs**

Working-class people of color are trapped in a cycle of unemployment, low wage and dangerous jobs, and the threat of incarceration. Got Green’s Young Leaders are engaging in powerful work to make sure that young people of color have “green pathways not prison pipelines” – specifically, have access to living-wage, career-bound jobs in the environmental sector – jobs that benefit our communities and the planet.

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**Healthy Food**

People of color and low-income women are rising up and strategizing together on how to best address this food security gap. People in the food security gap are folks who earn too much to qualify for food stamps, yet don’t make enough to afford healthy food. The gap is growing with new cuts - taking away the food stamps of over 755k people. Our Food Access Team has a long history of winning the increased access to healthy food for low-income communities of color.

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**Affordable Housing**

Thousands of new residents enter Seattle each month, the prices of rent are soaring – displacing working-class people from our homes and city. Now, more than ever, we need permanently affordable housing. Got Green’s Climate Justice has launched campaign to address the roots of displacement and the right to return. We will only be resilient during economic and climate crises, with stable and affordable housing and rooted communities.

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**Clean Air & Water**

The health of our environment is linked to the health of our communities – this dig-burn-dump economy is destroying both by polluting our air, water, soil, and bodies. Communities of color disproportionately live in polluted areas and have higher rates of asthma, cancer, and respiratory health issues. By working in coalition with Front & Centered and the Climate Justice Alliance, we are working to hold polluting corporations accountable.

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The Roots of Wildfires

**Drought to Fires**
The west coast drought has been the result of severe heat and the absence of rain. Drought makes land more vulnerable to fire, especially in areas that have a history of logging and neglectful forest maintenance.

**Climate Change**
Our dry and hot weather is due to climate change, which occurs due to greenhouse gas emissions (trapping heat in the earth’s atmosphere). Climate change leads to severe weather: dry spells, flooding, typhoons, hurricanes. From New Orleans to Puerto Rico, working-class people of color are hit first and worst by climate change.

**Extractive Economy**
An economy based on the removal of wealth from communities through the taking of natural resources, the exploitation of workers, and the hording of wealth by interests outside the community (big banks & big oil). This is all enforced through the violent taking of land, labor & money – which can only result in the destruction of biological diversity.

**Fossil Fuels**
Most greenhouse gases are emitted due to the burning of fossil fuels (like coal, oil, and gas). Fossil fuels are used for transportation, electricity, agriculture, and more. 100 corporations are responsible for over 70% of the globe’s emissions. Fossil fuel extraction is secured by (threat of) war and colonization – all of which is rooted in an extractive economy.

**Pollution**

**Taking of Land**

**Police & Militarism**

**Exploiting Workers**

**Digging Fossil Fuels**

**Wildfires & Smoke**
Wildfires leave a scorched path of destruction – destroying homes, schools, grocery stores, buses, and ecosystems. Additionally, displacement from these fire torn areas is significant, resulting in homelessness and housing insecurity. As flames are devastatingly fatal, health hazards and death due to smoke impact surrounding regions. People of color disproportionately live in polluted areas, lack healthcare access, and have higher rates asthma and cancer – as a result, are far more vulnerable to wildfire smoke (especially infants, pregnant folks, & elders). Climate change also exacerbates existing oppressive conditions, this is compounded by profiteering, where corporations exploit the misery of fire-torn communities to benefit the rich via luxury development & privatization.

Social change happens when our communities come together to make it happen. It’s not individuals in isolation that will prevent forest fires – we need to organize together. And to stop the forest fires, we need stop climate change. Also, we need housing, food, jobs, transit, and health to be resilient in the face future fires and floods. This vision is a just transition – moving away from the extractive economy in a way that centers the needs and voices of communities most impacted by injustice.
How to Use Your Air Filter

What You Need

- Air Filter
- Box Fan
- Heavy Duty Tape

How To Assemble

- Place the Filter Behind the Fan
- Tape the Filter to Fan

How it Works

- With the filter in the back of the fan, all the air that is blown out of the front of the fan is filtered - helping clean the air in your room.

Thank you to Front & Centered and Filter Easy for donating these filters.
Filters the following

- Pollen
- Dust
- Bacteria
- Pet dander
- Mold
- Dust mites
- Cooking oil smoke
- Virus carriers
- Smog
- Smoke

Further Information

- This is the MERV 13 air filter (from Filter Easy)
- Perfect for those with allergy and asthma symptoms
- Removes even the smallest particles such as smoke
- Great for pet owners too.

Tools for Community Health
Got Green believes that we ultimately need to build people power and fight for racial, economic, and environmental justice. We also know that our communities need tools and resources to survive – this booklet provides info about home air filters and staying safe in the heat.
STAY SAFE in the HEAT

On hot days in King County, many more people have serious health problems.

HEAT ILLNESSES
If someone can’t cool down quickly enough, they can get heat exhaustion. They might feel:
- Muscle cramps
- Dizziness or weakness
- Headache
- Nausea and vomiting

If you have symptoms, move to a cooler place, put your feet up, and drink water.

Heat stroke is very serious and can be deadly unless treated immediately. Watch for:
- Extremely high temperature
- Red, hot, and dry skin
- Rapid, strong heartbeat
- Mental confusion and unconsciousness

If someone has the symptoms of heat stroke, call 9-1-1! Move the person to a cooler place immediately.

Some people are at greater risk for heat problems, stroke, and kidney failure when it’s hot. These are the most common health problems on hot days!

It’s harder to adjust to heat once you’re over 65.

Working outside puts me at risk.

Some health conditions make it more difficult for your body to cool down.

I have diabetes, so I track my blood sugar levels closely on hot days.

Certain medications can make you more sensitive to heat.

Medications for:
- Heart failure
- High blood pressure
- Nausea
- Bladder/bowel control
- Parkinson’s disease
- Seizures
- Allergies, colds & coughs
- Depression and psychosis
- Thyroid
- Weight loss

Talk to your doctor or clinician about whether your medications or health conditions put you at greater risk in the heat.

This medication can make it harder for your body to stay hydrated and at a healthy temperature.

OK, I’ll try to stay cool and drink more water.
STAY SAFE IN THE HEAT
Check on family and neighbors who may be more vulnerable to heat.

Children can also have heat exhaustion because they are so active and forget to drink water.

On hot days, keep children out of the direct sun during the hottest part of the day.

NEVER leave babies, young children, or pets in a parked car, even with the window rolled down. Not even for a minute! Cars can get dangerously hot in seconds!

People who work outside should take frequent breaks to cool off.

WHAT TO DO TO COOL DOWN
Drinking water and other fluids often is important. Don’t wait until you’re thirsty.

Eat foods with a lot of water in them.

Play in fountains and sprinklers, go to the swimming pool, and stay in the shade.

Try to go somewhere with air conditioning on a hot day.

I have watermelon soup.

Shaved ice with fruit is my hot weather treat!

I create my own shade.

www.kingcounty.gov/health/BeatTheHeat

Made possible with funding by the Centers for Disease Control & Prevention, Office of Public Health Preparedness and Response, and UW Dept. of Environmental and Occupational Health Sciences.

Public Health
Seattle & King County
Know Your Rights

FAIR WORK CENTER

Know Your Rights:
In the workplace

Link: fairworkcenter.org/

Know Your Rights:
When stopped by cops

Link: bit.ly/ResistPolice

I'M A RENTER AND I KNOW MY RIGHTS. #RenterPower

Know Your Rights:
As renters & tenants

Link: tenantsunion.org

Know Your Rights:
When stopped by ICE

Link: bit.ly/ResistICE

Resources in Emergencies and Crises:
Information about Emergency & Crisis Support

Link: bit.ly/healthyseattle
Green-A-Thon Sponsors
Thank you for supporting Got Green’s work!
Got Green’s Community Appreciation Party

May 9th (Thursday) at 6-9pm
Georgetown Stables (80 S Nebraska St, Seattle, WA)

Got Green is celebrating with our communities at this public event. Got Green will be honoring the legacy of our predecessor Community Coalition for Environmental Justice (CCEJ) -- a people of color led environmental justice organization based in Seattle that was founded 25 years ago. Attendees will learn about the powerful work of CCEJ and how Got Green is building on their legacy. Food and drinks provided.


Green New Deal in Seattle

Got Green believe Seattle’s Green New Deal can benefit all of us by centering the needs of communities hit hardest by the climate crisis – working-class communities of color.

A local Green New Deal must be a multi-issue program where our energy grid runs on renewables and climate resilience programming, where all have access to fair green jobs, affordable housing, healthy food, and public transit. This must hold corporate polluters accountable and the largest and most profitable of industries must pay their fair share to make this program is successful.

SAVE THE DATE:

May 1st 2019
March for Immigrant & Worker Rights